



# Allergies Policy and Procedures

## Policy statement

We provide care for healthy children and promote health through identifying allergies and preventing contact with the allergenic substance.

## Procedures

- When parents start their children at Tiggers they are asked if their child suffers from any known allergies. This is recorded on the child's registration form and is kept in the child's personal file.
- An Allergy and Dietary Requirements form is to be completed by the parent.
- If a child has a severe or life threatening allergy a Health care Plan will be completed
- The Health Care Plan is written out usually by SENCO and the parents/carer. It gives details of the allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc);
- The nature of the allergic reactions is also recorded e.g. anaphylactic shock reaction, swelling, breathing problems etc.
- The member of staff and parent will also record what to do in case of allergic reactions, any medication used and how it is to be used (e.g. EpiPen); (**See Medication Policy and Procedures for administering medication**)
- Where appropriate, parents train staff in how to administer special medication in the event of an allergic reaction
- A risk assessment will then be drawn up for control measures and to discuss when contacts with these allergen may occur and how we can prevent this.
- Generally, no nuts or nut products are used within Tiggers, and parents are asked not to bring in nut and/or nut products, for example in a birthday cake and in lunch boxes (See also Healthy Eating-Snack and Lunch Club Policy)
- A list of snack, with ingredients and Allergens are displayed in the kitchen cupboard along with the child allergy list.